

Prueba 4
12/12/2025

Fem., 400m Estilos

12 - 18 años
Resultados

Puntos: AQUA 2025

Clasificación	AN										Tiempo	AQUA	RT
Alevín femenino													
1.	HERRERA FIGUEIRAS, Tania				13	Esna Lanzarote					5:58.09	402	
	50m:	37.09	37.09	150m:	2:12.67	49.23	250m:	3:50.76	50.83	350m:	5:20.85	38.67	
	100m:	1:23.44	46.35	200m:	2:59.93	47.26	300m:	4:42.18	51.42	400m:	5:58.09	37.24	
2.	FALCON AFONSO, Ines				13	C.N. Carucagua					6:10.64	362	
	50m:	36.22	36.22	150m:	2:05.85	45.43	250m:	3:50.61	59.44	350m:	5:31.09	41.02	
	100m:	1:20.42	44.20	200m:	2:51.17	45.32	300m:	4:50.07	59.46	400m:	6:10.64	39.55	
3.	HERNANDEZ GARCIA, Iria				13	C.N. Metropole					6:24.27	325	
	50m:	39.20	39.20	150m:	2:17.43	50.57	250m:	3:59.20	52.27	350m:	5:39.87	45.25	
	100m:	1:26.86	47.66	200m:	3:06.93	49.50	300m:	4:54.62	55.42	400m:	6:24.27	44.40	
4.	SIMON MIRANDA, Nora				13	C.N. Las Palmas					6:27.70	317	+0,77
	50m:	41.28	41.28	150m:	2:21.49	51.15	250m:	4:01.87	53.11	350m:	5:43.18	45.03	
	100m:	1:30.34	49.06	200m:	3:08.76	47.27	300m:	4:58.15	56.28	400m:	6:27.70	44.52	
5.	ALDAY MEILI, Julieta				13	C.N. Martianez Coral Hotels					6:35.81	298	
	50m:	45.32	45.32	150m:	2:32.13	49.27	250m:	4:16.57	57.01	350m:	5:55.32	42.12	
	100m:	1:42.86	57.54	200m:	3:19.56	47.43	300m:	5:13.20	56.63	400m:	6:35.81	40.49	
6.	CASANOVA REINA, Alexia				13	C.N. Teneteide					6:36.23	297	
	50m:	44.52	44.52	150m:	2:36.36	53.59	250m:	4:19.13	52.57	350m:			
	100m:	1:42.77	58.25	200m:	3:26.56	50.20	300m:	4:56.98	37.85	400m:	6:36.23		
7.	ESCOBAR YUMAR, Paula				13	C.N. Martianez Coral Hotels					6:41.11	286	
	50m:	45.17	45.17	150m:	2:33.36	54.55	250m:	4:18.83	52.00	400m:	6:41.11	1:44.13	
	100m:	1:38.81	53.64	200m:	3:26.83	53.47	300m:	4:56.98	38.15				
8.	GONZALEZ-NUOVO GONZALEZ, Maica				13	C.B. Dominicas Vistabella					6:53.36	261	
	50m:	42.99	42.99	150m:	2:30.69	55.51	250m:	4:25.82	58.14	350m:	6:11.28	43.30	
	100m:	1:35.18	52.19	200m:	3:27.68	56.99	300m:	5:27.98	1:02.16	400m:	6:53.36	42.08	
9.	MEDINA MILAN, Valentina				13	C.N. Metropole					6:58.08	252	
	50m:	41.45	41.45	150m:	2:38.58	59.67	250m:	4:30.36	59.08	350m:	6:16.71	45.77	
	100m:	1:38.91	57.46	200m:	3:31.28	52.70	300m:	5:30.94	1:00.58	400m:	6:58.08	41.37	
10.	HERNANDEZ RODRIGUEZ, Virginia				13	C.B. Dominicas Vistabella					7:12.31	228	+0,78
	50m:	48.11	48.11	150m:	2:38.82	51.63	250m:	4:33.73	1:01.53	350m:	6:23.88	48.14	
	100m:	1:47.19	59.08	200m:	3:32.20	53.38	300m:	5:35.74	1:02.01	400m:	7:12.31	48.43	
11.	VARGAS CORREA, Valentina				13	C.B. Dominicas Vistabella					7:13.62	226	+0,77
	50m:	50.14	50.14	150m:	2:48.15	57.60	250m:	4:43.64	1:00.00	350m:	6:29.84	47.07	
	100m:	1:50.55	1:00.41	200m:	3:43.64	55.49	300m:	5:42.77	59.13	400m:	7:13.62	43.78	
12.	CABRERA CUBEK, Valeria				13	C.N. Teneteide					7:17.17	221	+0,85
	50m:	51.18	51.18	150m:	2:53.45	1:04.51	250m:	4:50.38	58.75	350m:	6:33.24	45.96	
	100m:	1:48.94	57.76	200m:	3:51.63	58.18	300m:	5:47.28	56.90	400m:	7:17.17	43.93	
13.	SOROKINA ZOLOTYKH, Sofia Victoria				13	C.B. Dominicas Vistabella					7:21.12	215	+0,83
	50m:	45.19	45.19	150m:	2:44.09	58.14	250m:	4:42.13	58.88	350m:	6:32.21	50.53	
	100m:	1:45.95	1:00.76	200m:	3:43.25	59.16	300m:	5:41.68	59.55	400m:	7:21.12	48.91	

Prueba 4, Fem., 400m Estilos

Infantil Femenino

1.	JOVER RODRIGUEZ, Ana	11	C.N. Metropole	5:33.26	499	+0,77
	50m: 35.31 35.31 150m: 2:01.89 45.41 250m: 3:31.08 46.17 350m: 4:55.86 36.61					
	100m: 1:16.48 41.17 200m: 2:44.91 43.02 300m: 4:19.25 48.17 400m: 5:33.26 37.40					
2.	SOCAS REYES, Ariadna	11	C.N. Teneteide	5:36.39	485	+1,99
	50m: 36.48 36.48 150m: 2:03.37 44.07 250m: 3:32.00 46.23 350m: 4:56.86 40.03					
	100m: 1:19.30 42.82 200m: 2:45.77 42.40 300m: 4:16.83 44.83 400m: 5:36.39 39.53					
3.	ROJAS MORALES, Atenea	12	C.N. Teneteide	5:51.86	424	+0,80
	50m: 33.69 33.69 150m: 2:07.65 48.26 250m: 3:42.54 49.21 350m: 5:13.99 39.47					
	100m: 1:19.39 45.70 200m: 2:53.33 45.68 300m: 4:34.52 51.98 400m: 5:51.86 37.87					
4.	RUIZ REYES, Carla	12	C.N. Las Palmas	5:55.47	411	+0,76
	50m: 35.72 35.72 150m: 2:07.21 46.70 250m: 3:45.11 52.24 350m: 5:18.05 39.63					
	100m: 1:20.51 44.79 200m: 2:52.87 45.66 300m: 4:38.42 53.31 400m: 5:55.47 37.42					
5.	MARTIN PERAZA, Martina	12	C.D.N. Nadamas Santa Rosa	5:56.90	406	+0,88
	50m: 37.05 37.05 150m: 2:03.96 44.89 250m: 3:39.06 50.25 350m: 5:14.34 42.53					
	100m: 1:19.07 42.02 200m: 2:48.81 44.85 300m: 4:31.81 52.75 400m: 5:56.90 42.56					
6.	DIAZ ALVAREZ, Valeria	12	C.N. Martianez Coral Hotels	5:59.03	399	+0,78
	50m: 36.53 36.53 150m: 2:09.28 48.39 250m: 3:45.89 50.32 350m: 5:18.47 40.10					
	100m: 1:20.89 44.36 200m: 2:55.57 46.29 300m: 4:38.37 52.48 400m: 5:59.03 40.56					
7.	MENDEZ RAMIREZ, Zoe	12	Cn.Salinas Sta.Lucia	6:00.64	393	+0,80
	50m: 39.29 39.29 150m: 2:17.22 48.70 250m: 3:51.26 47.25 350m: 5:21.80 40.81					
	100m: 1:28.52 49.23 200m: 3:04.01 46.79 300m: 4:40.99 49.73 400m: 6:00.64 38.84					
8.	RODRIGUEZ DIAZ, Maria	11	C.N. Teneteide	6:01.02	392	+0,76
	50m: 33.80 33.80 150m: 2:04.22 50.06 250m: 3:46.48 53.87 350m: 5:21.84 41.05					
	100m: 1:14.16 40.36 200m: 2:52.61 48.39 300m: 4:40.79 54.31 400m: 6:01.02 39.18					
9.	PERERA SOSA, Zayra	12	C.N. Aguacan	6:06.94	374	+0,80
	50m: 37.80 37.80 150m: 2:13.07 49.20 250m: 3:52.64 53.03 350m: 5:27.63 40.94					
	100m: 1:23.87 46.07 200m: 2:59.61 46.54 300m: 4:46.69 54.05 400m: 6:06.94 39.31					
10.	CASTILLO QUINTERO, Jenny Mariana	11	C.N. Las Palmas	6:13.90	353	
	50m: 36.88 36.88 150m: 2:12.77 49.83 250m: 3:57.32 57.11 350m: 5:35.18 40.54					
	100m: 1:22.94 46.06 200m: 3:00.21 47.44 300m: 4:54.64 57.32 400m: 6:13.90 38.72					
11.	ALAMO SANTOS, Rocio	11	Club Deportivo Agaeterun	6:26.03	321	+0,90
	50m: 40.49 40.49 150m: 2:17.12 48.19 250m: 4:02.99 57.71 350m: 5:44.49 43.59					
	100m: 1:28.93 48.44 200m: 3:05.28 48.16 300m: 5:00.90 57.91 400m: 6:26.03 41.54					
12.	NAVARRO PARRILLA, Aisha	11	C.N. Valleverde	7:00.35	248	+1,13
	50m: 42.49 42.49 150m: 2:28.20 55.15 250m: 4:23.51 1:01.42 350m: 6:12.69 47.29					
	100m: 1:33.05 50.56 200m: 3:22.09 53.89 300m: 5:25.40 1:01.89 400m: 7:00.35 47.66					
DSQ	WOOD MESA, Maria	12	C.N. Metropole			
	<i>DSA - Desc Salida Anticipada</i>					
DSQ	LELAJ, Mirela Flora	11	C.N. Metropole			
	<i>DVI - Desc Viraje Irregular</i>					
Baja	JIMENEZ PINEDA, Leyre	12	Cn.Salinas Sta.Lucia			

Prueba 4, Fem., 400m Estilos

Junior Femenino

1.	JAEN SERRA, Naira	08	C.D.N. Nadamas Santa Rosa	5:21.01	558	+0,76
	50m: 32.91 32.91	150m: 1:54.41	45.09 250m: 3:21.80 44.03	350m: 4:45.28 36.68		
	100m: 1:09.32 36.41	200m: 2:37.77	43.36 300m: 4:08.60 46.80	400m: 5:21.01 35.73		
2.	HERNANDEZ MARTIN, Carla	08	C.N. Teneteide	5:26.63	530	+1,09
	50m: 32.36 32.36	150m: 1:53.38	43.16 250m: 3:22.16 47.83	350m: 4:49.24 38.57		
	100m: 1:10.22 37.86	200m: 2:34.33	40.95 300m: 4:10.67 48.51	400m: 5:26.63 37.39		
3.	SUAREZ MACIAS, Gabriela	09	C.N. Aguacan	5:53.34	418	+0,86
	50m: 34.90 34.90	150m: 2:02.83	47.79 250m: 3:43.06 53.91	350m: 5:15.09 40.11		
	100m: 1:15.04 40.14	200m: 2:49.15	46.32 300m: 4:34.98 51.92	400m: 5:53.34 38.25		
4.	IZAGUIRRE NESSI, Kassandra Isabel	08	C.D. N. Bentacu-Laguna	5:57.50	404	+0,88
	50m: 35.97 35.97	150m: 2:05.66	49.54 250m: 3:44.08 49.53	350m: 5:16.75 43.10		
	100m: 1:16.12 40.15	200m: 2:54.55	48.89 300m: 4:33.65 49.57	400m: 5:57.50 40.75		
5.	ALAMO MATOS, Ariadna	09	C.N. Carucagua	6:02.48	388	+0,80
	50m: 37.16 37.16	150m: 2:07.78	46.55 250m: 3:48.48 54.97	350m: 5:24.26 40.86		
	100m: 1:21.23 44.07	200m: 2:53.51	45.73 300m: 4:43.40 54.92	400m: 6:02.48 38.22		
6.	CABRERA RODRIGUEZ, Mar	10	C.D. Tennis Valle De Aridane	7:22.96	212	+0,88
	50m: 46.33 46.33	150m: 2:37.63	55.95 250m: 4:39.31 1:05.94	350m: 6:32.93 50.37		
	100m: 1:41.68 55.35	200m: 3:33.37	55.74 300m: 5:42.56 1:03.25	400m: 7:22.96 50.03		